

## Manual Handling

Incorrect manual handling is one of the most common causes of injury in a workplace. Manual Handling Operations Regulations were introduced to minimise injuries caused by incorrect moving and handling of loads. Employees handling loads must be trained in the use of any equipment provided by their employer to handle loads safely. Our interactive online training provides greater awareness and dangers of poor manual handling and covers safe handling techniques.

- Accredited by IIRSM and CPD ([International Institute of Risk & Safety Management](#))
- Fully online course and assessment with no time constraints
- Full audio voiceover and high quality download
- Approximate duration: 75 minutes
- Accredited system generated certificate received on successful completion

**Course content** – 6 short modules covering:

Module 1:	What is Manual Handling?
Module 2:	Manual Handling Regulations
Module 3:	Safe Handling
Module 4:	Learning Safe Handling Habits
Module 5:	Practical Manual Handling Solutions
Module 6:	Use of Mechanical Aids

### Assessment:

The online assessment is taken on completion of each module. The answers are marked instantly providing immediate results of the course. Two further attempts are available if the complete course is initially unsuccessful at no extra charge. **75% pass make per module.**

### Training Outcome:

On successful completion attendees will have gained knowledge and understanding on:

- Different types of microorganisms and how bacteria are transmitted
- The chain of infection
- Legislation that applies to Legionella control
- Legionella control programme

### Recommended System Requirements:

Operating System: Windows 7+ or Mac OSX (10.8+) | Browser: A modern and up to date web browser  
Video: Up to date video drivers | Memory: 2Gb+ RAM | Additional Software: Flash Player 10+ | Download Speed: Broadband (3Mb+)

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