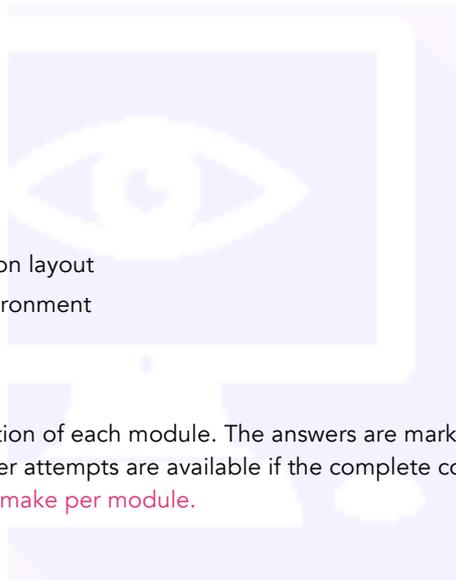# Display Screen Equipment Awareness

Continuous use of display screen equipment for more than one hour a day, are classified as a 'user'. So what does display screen equipment mean? Although the first thing that comes to mind is a computer monitor, its not the only thing it refers to. Display screen equipment applies to various visual monitors such as laptops, tablet PCs, televisions, smartphones, CNC control pads, portable diagnostic screens or equipment containing cathode ray tubes. Both employers and employee-users are responsible for DSE safety under the HSE regulations. This course fulfils your statutory training obligations and covers the correct way to set up and use your display screen equipment safely and reducing the risk of work related conditions.

- Accredited by RoSPA (Royal Society for the Prevention of Accidents)
- Developed by health and safety professionals
- Fully online course and assessment with no time constraints
- Full audio voiceover and high quality download
- Approximate duration: 50 minutes
- Accredited system generated certificate received on successful completion

Course content - 8 short modules covering:

- Module 1:   Introduction
- Module 2:   Legislation
- Module 3:   Protecting your body
- Module 4:   Adjusting your chair
- Module 5:   Adjusting your screen
- Module 6:   Work arrangements
- Module 7:   Adjusting your workstation layout
- Module 8:   Adjusting your work environment

Assessment:

The online assessment is taken on completion of each module. The answers are marked instantly providing immediate results of the course. Two further attempts are available if the complete course is initially unsuccessful at no extra charge. 70% pass make per module.

Training Outcome:

On successful completion attendees will have gained knowledge and understanding on:

- Set up and use of your display screen equipment safely
- Reducing the risk of work related conditions
- DSE safety responsibilities

Recommended System Requirements:

- Operating System: Windows 7+ or Mac OSX (10.8+)
- Browser: A modern and up to date web browser
- Video: Up to date video drivers
- Memory: 2Gb+ RAM
- Additional Software: Flash Player 10+
- Download Speed: Broadband (3Mb+)

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